

# World Championship WPC single-ply benchpress

## Dolgoprudniy, Russia 03-05 November 2017

| Name | Age Category<br>Bith date/Age | Body<br>weight | Gloss | Team | Benchpress |   |   |     | Total | Pts | Coach |
|------|-------------------------------|----------------|-------|------|------------|---|---|-----|-------|-----|-------|
|      |                               |                |       |      | 1          | 2 | 3 | Rec |       |     |       |

### *Body Weight Category 60*

|                   |                      |       |        |        |       |       |                  |  |              |          |                |
|-------------------|----------------------|-------|--------|--------|-------|-------|------------------|--|--------------|----------|----------------|
| Kuznetsova Yuliya | Open (15.05.1973)/44 | 59,80 | 0,9903 | Russia | 125,0 | 132,5 | <del>135,0</del> |  | <b>132.5</b> | 131,2147 | Ponomarev V.A. |
|-------------------|----------------------|-------|--------|--------|-------|-------|------------------|--|--------------|----------|----------------|

### *Body Weight Category 75*

|                |                               |       |        |        |       |       |       |                  |            |          |  |
|----------------|-------------------------------|-------|--------|--------|-------|-------|-------|------------------|------------|----------|--|
| Baklykova Olga | Masters 50-54 (07.05.1964)/53 | 73,90 | 0,9998 | Russia | 135,0 | 140,0 | 145,0 | <del>150,0</del> | <b>145</b> | 144,9752 |  |
|----------------|-------------------------------|-------|--------|--------|-------|-------|-------|------------------|------------|----------|--|

### *Body Weight Category 82.5*

|                    |                      |       |        |                |       |                  |       |                  |            |          |  |
|--------------------|----------------------|-------|--------|----------------|-------|------------------|-------|------------------|------------|----------|--|
| Ylitalo-James Emma | Open (24.11.1969)/48 | 81,00 | 0,7955 | United Kingdom | 195,0 | <del>205,0</del> | 205,0 | <del>240,0</del> | <b>205</b> | 163,0877 |  |
|--------------------|----------------------|-------|--------|----------------|-------|------------------|-------|------------------|------------|----------|--|

### *Body Weight Category 52*

|                  |                               |       |        |        |       |       |       |  |            |          |  |
|------------------|-------------------------------|-------|--------|--------|-------|-------|-------|--|------------|----------|--|
| Trubin Stanislav | Juniors 20-23 (14.10.1995)/22 | 50,40 | 1,0008 | Russia | 105,0 | 112,5 | 120,0 |  | <b>120</b> | 120,0960 |  |
|------------------|-------------------------------|-------|--------|--------|-------|-------|-------|--|------------|----------|--|

### *Body Weight Category 75*

|                |                               |       |        |        |                  |       |                  |  |              |          |               |
|----------------|-------------------------------|-------|--------|--------|------------------|-------|------------------|--|--------------|----------|---------------|
| Telidis Kostas | Open (18.04.1989)/28          | 75,00 | 0,6885 | Russia | 220,0            | 232,5 | <del>240,0</del> |  | <b>232.5</b> | 160,0879 | Telidis Ye.O. |
| Eldin Vincent  | Masters 45-49 (15.04.1972)/45 | 74,30 | 0,7315 | France | <del>170,0</del> | 170,0 | <del>187,5</del> |  | <b>170</b>   | 124,3523 |               |

### *Body Weight Category 82.5*

|                       |                               |       |        |             |                  |                  |                  |  |              |          |  |
|-----------------------|-------------------------------|-------|--------|-------------|------------------|------------------|------------------|--|--------------|----------|--|
| Delbasteh Saleh       | Juniors 20-23 (09.05.1996)/21 | 81,30 | 0,6508 | Iran        | <del>190,0</del> | 190,0            | <del>205,0</del> |  | <b>190</b>   | 123,6520 |  |
| Wahlstrom Arttu       | Open (07.10.1986)/31          | 81,20 | 0,6513 | Finland     | 210,0            | 222,5            | 230,0            |  | <b>230</b>   | 149,7990 |  |
| Bulgarevich Stanislav | Open (12.05.1986)/31          | 77,60 | 0,6718 | Russia      | 95,0             | 105,0            | 110,0            |  | <b>110</b>   | 73,8980  |  |
| Kandaurov Sergey      | Masters 40-44 (29.05.1974)/43 | 82,40 | 0,6651 | Russia      | 185,0            | <del>195,0</del> |                  |  | <b>185</b>   | 123,0431 |  |
| Emelin Evgeniy        | Masters 50-54 (01.10.1964)/53 | 75,20 | 0,8136 | Russia      | 145,0            | 150,0            | 155,0            |  | <b>155</b>   | 126,1058 |  |
| Krasnov Nikolay       | Masters 55-59 (22.07.1960)/57 | 82,00 | 0,8206 | Russia      | 205,0            | 212,5            | <del>215,0</del> |  | <b>212.5</b> | 174,3746 |  |
| Nikiforov Sergey      | Masters 70-74 (02.10.1947)/70 | 79,40 | 1,0877 | Russia      | 145,0            | <del>155,0</del> | <del>155,0</del> |  | <b>145</b>   | 157,7127 |  |
| Herrmann Peter        | Masters 75-79 (13.03.1942)/75 | 79,00 | 1,2175 | Switzerland | 107,5            | 110,0            | 112,5            |  | <b>112.5</b> | 136,9713 |  |

### *Body Weight Category 90*

|               |                               |       |        |            |                  |                  |                  |  |              |          |  |
|---------------|-------------------------------|-------|--------|------------|------------------|------------------|------------------|--|--------------|----------|--|
| Yakush Segey  | Juniors 20-23 (10.03.1995)/22 | 88,30 | 0,6184 | Russia     |                  |                  |                  |  | <b>0</b>     | 0,0000   |  |
| Uglichen Ilya | Open (16.03.1987)/30          | 89,40 | 0,6141 | Russia     | 232,5            | <del>237,5</del> | <del>237,5</del> |  | <b>232,5</b> | 142,7899 |  |
| Hajiyev Kanan | Open (23.03.1989)/28          | 85,50 | 0,6303 | Azerbaijan | <del>232,5</del> | 220,0            | <del>237,5</del> |  | <b>220</b>   | 138,6770 |  |
| Volkov Maksim | Open (05.09.1984)/33          | 85,70 | 0,6295 | Russia     | <del>220,0</del> | <del>230,0</del> | <del>230,0</del> |  | <b>0</b>     | 0,0000   |  |
| Yakush Segey  | Open (10.03.1995)/22          | 88,30 | 0,6184 | Russia     |                  |                  |                  |  | <b>0</b>     | 0,0000   |  |

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| Name | Age Category<br>Bith date/Age | Body<br>weight | Gloss | Team | Benchpress |   |   |     | Total | Pts | Coach |
|------|-------------------------------|----------------|-------|------|------------|---|---|-----|-------|-----|-------|
|      |                               |                |       |      | 1          | 2 | 3 | Rec |       |     |       |

### Body Weight Category 100

|                      |                               |       |        |          |                  |                  |                  |       |            |          |  |
|----------------------|-------------------------------|-------|--------|----------|------------------|------------------|------------------|-------|------------|----------|--|
| Saghaei Javad        | Open (11.04.1976)/41          | 98,90 | 0,5840 | Iran     | 252,5            | 267,5            | 281,0            | 290,0 | <b>280</b> | 163,5340 |  |
| Taivantumur Amarzaya | Open (02.08.1987)/30          | 93,50 | 0,5997 | Mongolia | <del>250,0</del> | 265,0            | <del>275,0</del> |       | <b>265</b> | 158,9073 |  |
| Solntsev Ivan        | Open (25.03.1974)/43          | 99,40 | 0,5828 | Russia   | <del>240,0</del> | 240,0            | <del>260,0</del> |       | <b>240</b> | 139,8720 |  |
| Karpov Denis         | Open (20.04.1981)/36          | 98,90 | 0,5840 | Russia   | <del>222,5</del> | <del>222,5</del> | <del>222,5</del> |       | <b>0</b>   | 0,0000   |  |
| Saghaei Javad        | Masters 40-44 (11.04.1976)/41 | 98,90 | 0,5899 | Iran     | 252,5            | 267,5            | 281,0            | 290,0 | <b>280</b> | 165,1693 |  |
| Solntsev Ivan        | Masters 40-44 (25.03.1974)/43 | 99,40 | 0,6009 | Russia   | <del>240,0</del> | 240,0            | <del>260,0</del> |       | <b>240</b> | 144,2080 |  |

### Body Weight Category 110

|                    |                               |        |        |            |                  |                  |                  |       |              |          |              |
|--------------------|-------------------------------|--------|--------|------------|------------------|------------------|------------------|-------|--------------|----------|--------------|
| Shirokov Mikhail   | Teen 18-19 (03.06.1999)/18    | 109,90 | 0,5627 | Russia     | 220,0            | 227,5            | <del>237,5</del> |       | <b>227.5</b> | 128,0029 |              |
| Alyshev Nikolay    | Open (14.10.1985)/32          | 108,30 | 0,5650 | Russia     | 307,5            | 315,0            | 323,0            |       | <b>322.5</b> | 182,2125 |              |
| Nagaytsev Oleg     | Open (19.03.1987)/30          | 102,10 | 0,5765 | Russia     | 240,0            | <del>250,0</del> | 250,0            |       | <b>250</b>   | 144,1250 |              |
| Aliyev Ali         | Open (28.01.1994)/23          | 109,30 | 0,5635 | Azerbaijan | <del>240,0</del> | <del>220,0</del> | <del>220,0</del> |       | <b>0</b>     | 0,0000   |              |
| Peshko Vladimir    | Masters 45-49 (12.02.1970)/47 | 106,80 | 0,6140 | Russia     | <del>240,0</del> | <del>240,0</del> |                  |       | <b>0</b>     | 0,0000   |              |
| Frank Vyacheslav   | Masters 55-59 (03.03.1962)/55 | 100,30 | 0,7112 | Russia     | 162,5            | 170,0            | <del>480,0</del> |       | <b>170</b>   | 120,9100 |              |
| Ponomarev Vitaliy  | Masters 60-64 (17.02.1957)/60 | 102,90 | 0,7702 | Russia     | 225,0            | 230,0            | 235,0            | 240,0 | <b>235</b>   | 181,0045 |              |
| Abdyushev Eduard   | Masters 60-64 (02.03.1955)/62 | 107,70 | 0,7884 | Russia     | <del>220,0</del> | <del>220,0</del> | 220,0            |       | <b>220</b>   | 173,4410 | Dvizov Yuriy |
| Vetter Hans-Urlich | Masters 65-69 (09.04.1952)/65 | 105,40 | 0,8435 | Germany    | 180,0            | 190,0            | <del>200,0</del> |       | <b>190</b>   | 160,2699 |              |
| William Roberts    | Masters 75-79 (16.10.1942)/75 | 102,10 | 1,0579 | USA        | 85,0             |                  |                  |       | <b>85,0</b>  | 89,9196  |              |

### Body Weight Category 125

|                        |                               |        |        |            |                  |                  |                  |  |              |          |  |
|------------------------|-------------------------------|--------|--------|------------|------------------|------------------|------------------|--|--------------|----------|--|
| Hosio Henrik           | Open (12.05.1979)/38          | 118,00 | 0,5530 | Finland    | 280,0            | <del>290,0</del> |                  |  | <b>280</b>   | 154,8400 |  |
| Shishlyannikov Dmitriy | Open (23.04.1980)/37          | 122,80 | 0,5480 | Russia     | 240,0            | <del>250,0</del> | 255,0            |  | <b>255</b>   | 139,7400 |  |
| Jafarov Zaur           | Open (05.09.1980)/37          | 112,20 | 0,5595 | Azerbaijan | 240,0            | 250,0            | 252,5            |  | <b>252.5</b> | 141,2737 |  |
| Isaev Aleksey          | Open (20.06.1975)/42          | 115,00 | 0,5562 | Russia     | 230,0            | 240,0            | 250,0            |  | <b>250</b>   | 139,0625 |  |
| Begalko Anton          | Open (06.11.1986)/31          | 120,80 | 0,5501 | Russia     | <del>360,0</del> | <del>360,0</del> | <del>360,0</del> |  | <b>0</b>     | 0,0000   |  |
| Isaev Aleksey          | Masters 40-44 (20.06.1975)/42 | 115,00 | 0,5674 | Russia     | 230,0            | 240,0            | 250,0            |  | <b>250</b>   | 141,8438 |  |
| Gorbachev Dmitriy      | Masters 45-49 (06.03.1970)/47 | 114,70 | 0,6022 | Russia     | <del>280,0</del> | <del>0,0</del>   |                  |  | <b>0</b>     | 0,0000   |  |

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|------|-------------------------------|----------------|-------|------|------------|---|---|-----|-------|-----|-------|
|      |                               |                |       |      | 1          | 2 | 3 | Rec |       |     |       |

### Body Weight Category 140

|                       |                               |        |        |         |                  |                  |                  |  |            |          |  |
|-----------------------|-------------------------------|--------|--------|---------|------------------|------------------|------------------|--|------------|----------|--|
| Halimimamghani Bahman | Open (08.02.1984)/33          | 133,00 | 0,5374 | Iran    | 300,0            |                  |                  |  | <b>300</b> | 161,2260 |  |
| Laine Veijo           | Masters 65-69 (12.04.1952)/65 | 125,70 | 0,8062 | Finland | <del>230,0</del> | <del>230,0</del> | <del>230,0</del> |  | <b>0</b>   | 0,0000   |  |

### Body Weight Category 140+

|                 |                      |        |        |         |                  |       |       |                  |            |          |  |
|-----------------|----------------------|--------|--------|---------|------------------|-------|-------|------------------|------------|----------|--|
| Zamani Danial   | Open (03.09.1991)/26 | 140,60 | 0,5306 | Iran    | 325,0            | 336,0 | 345,0 | <del>355,0</del> | <b>345</b> | 183,0708 |  |
| Lisogor Oleksii | Open (30.04.1986)/31 | 166,40 | 0,5115 | Ukraine | <del>310,0</del> | 310,0 | 320,0 |                  | <b>320</b> | 163,6688 |  |

Meet director:  
Head secretary:  
Head Referee:

### List absolute winners

#### Women

##### Open

| Name               | Age class | WC   | Total | Coef.           |
|--------------------|-----------|------|-------|-----------------|
| Ylitalo-James Emma | Open      | 82,5 | 205,0 | <b>163,0877</b> |
| Kuznetsova Yuliya  | Open      | 60   | 132,5 | <b>131,2147</b> |

##### Masters

| Name           | Age class     | WC | Total | Coef.           |
|----------------|---------------|----|-------|-----------------|
| Baklykova Olga | Masters 50-54 | 75 | 145,0 | <b>144,9752</b> |

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## Dolgoprudniy, Russia 03-05 November 2017

| Name | Age Category<br>Bith date/Age | Body weight | Gloss | Team | Benchpress |   |   |     | Total | Pts | Coach |
|------|-------------------------------|-------------|-------|------|------------|---|---|-----|-------|-----|-------|
|      |                               |             |       |      | 1          | 2 | 3 | Rec |       |     |       |

### Man

#### Teenagers

| Name             | Age class  | WC  | Total | Coef.           |
|------------------|------------|-----|-------|-----------------|
| Shirokov Mikhail | Teen 18-19 | 110 | 227,5 | <b>128,0029</b> |

#### Junior

| Name             | Age class     | WC   | Total | Coef.           |
|------------------|---------------|------|-------|-----------------|
| Delbasteh Saleh  | Juniors 20-23 | 82.5 | 190,0 | <b>123,6520</b> |
| Trubin Stanislav | Juniors 20-23 | 52   | 120,0 | <b>120,0960</b> |

#### Open

| Name                   | Age class | WC   | Total | Coef.           |
|------------------------|-----------|------|-------|-----------------|
| Zamani Danial          | Open      | 140+ | 345,0 | <b>183,0708</b> |
| Alyshev Nikolay        | Open      | 110  | 322,5 | <b>182,2125</b> |
| Lisogor Oleksii        | Open      | 140+ | 320,0 | <b>163,6688</b> |
| Saghaei Javad          | Open      | 100  | 280,0 | <b>163,5340</b> |
| Halimimamghani Bahman  | Open      | 140  | 300,0 | <b>161,2260</b> |
| Telidis Kostas         | Open      | 75   | 232,5 | <b>160,0879</b> |
| Taivantumur Amarzaya   | Open      | 100  | 265,0 | <b>158,9073</b> |
| Hosio Henrik           | Open      | 125  | 280,0 | <b>154,8400</b> |
| Wahlstrom Arttu        | Open      | 82.5 | 230,0 | <b>149,7990</b> |
| Nagaytsev Oleg         | Open      | 110  | 250,0 | <b>144,1250</b> |
| Jafarov Zaur           | Open      | 125  | 252,5 | <b>141,2737</b> |
| Solntsev Ivan          | Open      | 100  | 240,0 | <b>139,8720</b> |
| Shishlyannikov Dmitriy | Open      | 125  | 255,0 | <b>139,7400</b> |
| Isaev Aleksey          | Open      | 125  | 250,0 | <b>139,0625</b> |
| Hajiyev Kanan          | Open      | 90   | 220,0 | <b>138,6770</b> |
| Bulgarevich Stanislav  | Open      | 82.5 | 110,0 | <b>73,8980</b>  |

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| Name | Age Category<br>Bith date/Age | Body weight | Gloss | Team | Benchpress |   |   |     | Total | Pts | Coach |
|------|-------------------------------|-------------|-------|------|------------|---|---|-----|-------|-----|-------|
|      |                               |             |       |      | 1          | 2 | 3 | Rec |       |     |       |

### *Masters*

| Name               | Age class     | WC   | Total | Coef.           |
|--------------------|---------------|------|-------|-----------------|
| Ponomarev Vitaliy  | Masters 60-64 | 110  | 235,0 | <b>181,0045</b> |
| Krasnov Nikolay    | Masters 55-59 | 82.5 | 212,5 | <b>174,3746</b> |
| Abdyushev Eduard   | Masters 60-64 | 110  | 220,0 | <b>173,4410</b> |
| Saghaei Javad      | Masters 40-44 | 100  | 280,0 | <b>165,1693</b> |
| Vetter Hans-Urlich | Masters 65-69 | 110  | 190,0 | <b>160,2699</b> |
| Solntsev Ivan      | Masters 40-44 | 100  | 240,0 | <b>144,2080</b> |
| Isaev Aleksey      | Masters 40-44 | 125  | 250,0 | <b>141,8437</b> |
| Herrmann Peter     | Masters 75-79 | 82.5 | 112,5 | <b>136,9713</b> |
| Emelin Evgeniy     | Masters 50-54 | 82.5 | 155,0 | <b>126,1058</b> |
| Eldin Vincent      | Masters 45-49 | 75   | 170,0 | <b>124,3523</b> |
| Frank Vyacheslav   | Masters 55-59 | 110  | 170,0 | <b>120,9100</b> |